

**NEW ERA SENIOR SECONDARY SCHOOL  
CLASS XI  
KATHAK DANCE (056)  
YEARLY LESSON PLAN- 2026-27**

**APRIL**

**Chapter 1**

**Introduction of Kathak Dance from**

Acquaintance with the themes of Ramayana, Mahabharata, Bhagvata Purana and Gita Govinda in context of Kathak. Acquaintance with other myths and legends pertinent to the dance drama. (a) Reference from ancient text (vedic, puranic, epics)

**No of periods allotted: 3**

**Chapter 1.1**

**Practice of basic standing position and various patterns of Tatkar.**

**No of periods allotted: 20 +5( for practice)**

**Learning Objectives:**

- To enable students to learn understand the myth stories with dance drama.
- To enable students to learn basic footsteps and hands movement in kathak.

**Material used:** laptop, notes, videos, internet

**Expected previous knowledge:**

- students' interest in watching various mith dance dramas.

**Pedagogy:** verbal, repetitions of the actions, observations

**Methodology:**

- explanation of the footwork and hands movements
- practically showing the footwork in kathak
- Students repeating after teacher for understating and learning.

**Learning Outcomes:**

- Students will be able to understand the footwork and hands used in kathak.
- Students will be able to work on their footwork.

**Assessment of learning outcomes:**

- Practical evaluation test
- Oral/practical checking of the learning

## **JUNE**

### **Chapter 2**

**Brief history of Indian dances and brief history of Kathak dance.** evolution of Kathak dance in Pracheen And kal/mandir kal (kathavachak and Rasdhar tradition, etc.) Madhya kal/ Darbarkal, Adhunik kal covering British and post independent era till the present time.

**No of periods allotted:** 3

### **Chapter 2.1**

**Practice of exercise of different parts of the human body particularly anga, pratyanga, upanga**

**No of periods allotted:** 20 + 5 (practice)

### **Learning Objectives:**

- To enable students to learn about evolution of kathak and its history.
- To learn movement of anga, pratyang and upang.

**Material used :** laptop, notes, videos, internet

### **Expected previous knowledge:**

- Knowledge of some dances.
- Simple steps used for different dances.

**Pedagogy:** verbal, repetitions of the steps, watching videos.

### **Methodology:**

- explanation of the kathak history.
- Students repeating after teacher learning exercise in kathak.

### **Learning Outcomes:**

- Students will be able to understand the evolution of kathak dance.
- Students will be able to start with simple exercises.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning/ practical test

## **JULY**

### **Chapter 3**

### **Acquaintance with its repertoire**

Rang pravesha, invocaton, compositions(bandish)from

### **Traditional technical dance part of kathak.**

Literary contents- Abhinay,bhajans, gazal, dadra

**No of periods allotted:** 4

### **Chapter 3.**

### **Compositions of :**

**Thaat, Amad, Fast Amad, vandana**

**No of periods allotted:** 15 + 6( for practice) **Learning**

### **Objectives:**

- To make the students understands the meaning and importance Compositions in traditional technical dance.
- To enable students to learn the composition used in kathak dance

**Material used:** laptop, notes, videos, internet

### **Expected previous knowledge:**

- To be aware about the traditional dance forms.

**Pedagogy:** verbal, repetitions of the actions, watching the video

### **Methodology:**

- Verbal explanation of copositions in classical dances.
- Teachers practically showing the movement of different compositions.
- Students repeating after teacher for understating and learning.

### **Learning Outcomes:**

- Students will have the knowledge of different repertoires.
- Students will be able to do different types of compositions.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Small periodical written test.

## **AUGUST**

### **Chapter 4**

**Acquaintance with its repertoire continu  
Thumari, dhrupad, kavit**

**No of periods allotted: 5**

### **Chapter 4.1**

**Compositions of :**

**Tukra, toda, Natwari ka toda, gatnikas, gatbhav,  
Paran, tihai, ladi, layabaant,  
Parant of tukada toda with hastkriya**

**No of periods allotted: 15+8( for practice)**

### **Learning Objectives:**

- To make the students understands the meaning and importance Compositions in traditional technical dance.
- To enable students to learn the composition used in kathak dance

**Material used:** laptop, notes, videos, internet

### **Expected previous knowledge:**

- Students are aware about different compositions.

**Pedagogy:** verbal, repetitions of the actions, watching the video

### • **Methodology:**

- Verbal explanation of repertoires in classical dances.
- Teachers practically showing the movement of different compositions.
- Students repeating after teacher for understating and learning.

### • **Learning Outcomes:**

- Students will have the knowledge of different repertoires.
- Students will be able to do different types of compositions.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Small periodical written test.

## **SEPTEMBER**

### **Chapter 5**

**Distinctive aspects of kathak:**

Ghungurs, chakkars, upaj, Costumes

**No of periods allotted:** 04

### **Chapter 5.1**

**Parant of teentaal, jhaptaal with hastkriya in thah, dugun, chaudgan laya.**

**Art Integration :** One devotional composition in kathak.

**No of periods allotted:** 10 + 5(for practice)

### **Learning Objectives:**

- To make the students aware different aspects of kathak dance.
- To learn taal and lay prakars.

**Material used:** laptop, notes, videos, internet

### **Expected previous knowledge:**

- Awareness about devotional songs

**Pedagogy:** verbal, repetitions of the kriyas, watching the videos.

### **Methodology:**

- Students repeating after teacher for understating and learning steps and taal recitations.

### **Learning Outcomes:**

- Students will be able to recite and write taals with laya prakars.
- Students will be able to create simple composition in kathak form.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

## **OCTOBER**

### **Chapter 6**

### **Rhythmic musical compositions Tarana, chaturanga, trivat**

**No of periods allotted:** 4

#### **Chapter 6.1**

#### **Practice of tatkar set to teental in slower tempo And dugun and chaugun**

**No of periods allotted:** 10 + 5(for practice)

#### **Learning Objectives:**

- To make students learn rhythmic compositions.
- To learn different types of rhythmic patterns .

**Material used :** laptop, notes, videos, internet

#### **Expected previous knowledge:**

- Awareness of simple rhythmic patterns
- Awareness about thumari, chaturanga.

**Pedagogy:** verbal, repetitions of the topics, watching the video.

#### **Methodology:**

- Explanation, showing practically the actions.
- Students repeating after teacher for understating and learning.

#### **Learning Outcomes:**

- Students will able to find different classical compositions
- Students will be able to perform on compositions.

#### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

## **NOVEMBER**

**Chapter 7** Defination and short notes on Nritya, Natya, Tandav

**No of periods allotted:** 3

**Chapter 7.1.** Practice exercise of Nritya, Natya, Tandav  
**Hastak, chakkars**

**No of periods allotted:** 25 (for practice)

### **Learning Objectives:**

- To enable students to learn the definition of different terms.
- To enable students to get the perfections in performing the terms.

**Material used:** laptop, notes, videos

**Expected previous knowledge:**

- Students are aware about dance styles.

**Pedagogy:** verbal, repetitions of the steps.

**Methodology:**

- Explanation, showing practically with hands and footwork.
- Practice by students

**Learning Outcomes:**

- Students will be able to dance using different terms
- Students are able to perform on given terms

**Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

## **DECEMBER**

### **Chapter 8      Defination and short notes on lasya, ang, upang, pratyang**

**No of periods allotted:** 3

#### **Chapter 8.1.                  Defination and short notes on lasya, ang, upang, pratyang**

**No of periods allotted:** 20 +3 ( Practice)

#### **Learning Objectives:**

- To enable students to learn the definition of different terms.
- To enable students to get the perfections in performing the terms.

**Material used:** laptop, notes, videos

#### **Expected previous knowledge:**

- Students are aware about dance styles

**Pedagogy:** verbal, repetitions of the steps

- **Methodology:**
- Students will be able to dance using different terms
- Students are able to perform on given terms

#### **Learning Outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

#### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

## **JANUARY/FEBRUARY**

**Chapter**                      **Practice and Revision of all terms and Compositions learnt**

**No of periods allotted:** 20 + 5( practice and perfections)

### **Learning Objectives:**

- To enable students to practice the terms and composition learnt
- To make the students able to recite and write taals

**Art Integration Activity:** Prepare one composition of your choice in Pure kathak form.

**Material used :** laptop, notes, videos, internet

### **Expected previous knowledge:**

- Students are equipped with taals and different compositions

**Pedagogy:** verbal, repetitions of the steps,

### **Methodology:**

- Explanation, question answer sessions.
- Student's practice

### **Learning Outcomes**

- Students will be able to sing, explore, creative in developing his/her Own compositions
- Students are able to present classical performance.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test